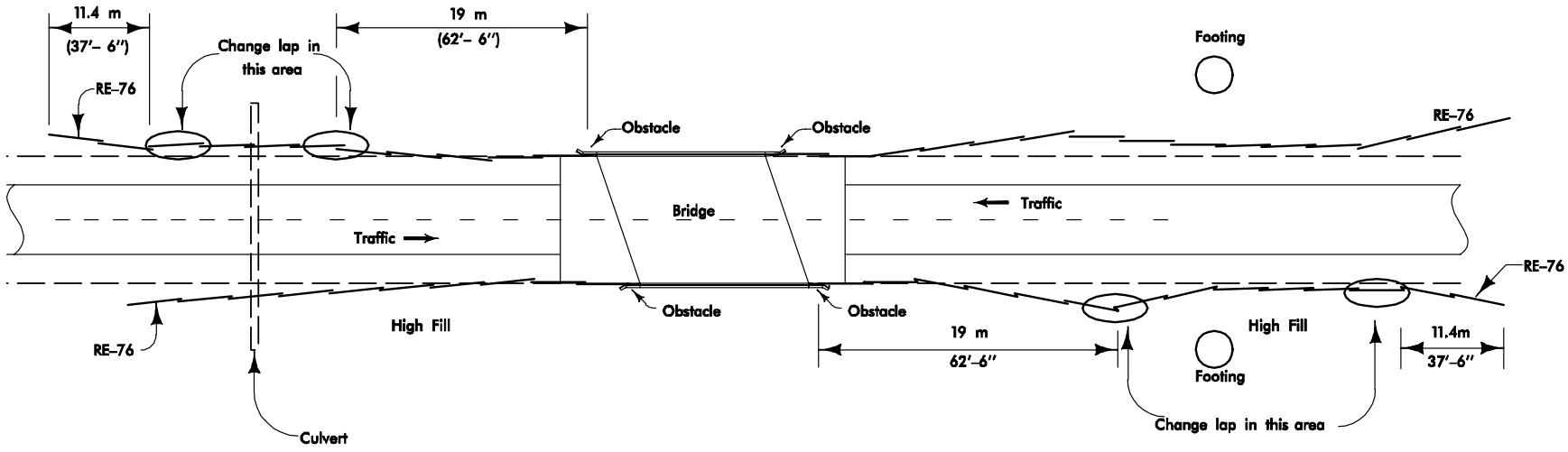RAIL LAPPING PROCEDURE FOR LONG GUARDRAIL INSTALLATIONS